

Mount Royal University, the Office of International Education, and the Students' Association are committed to providing incoming international students with exciting educational experiences, and supports to navigate safely within Calgary and Alberta.

This brochure aims to provide you with up-to-date information about the law, various support services, and your rights while studying in Calgary.

OFFICE OF INTERNATIONAL EDUCATION

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 @mruinternational

 /mruISSC

 #mruinternational

SUPPORTS ON CAMPUS

Campus Safety	403-440-5900 (24hr)
Sexual Assault Advocate	sexualviolence@mtroyal.ca mru.ca/sexualviolence
Counselling Services	U Wing, Room 216
Peer Support	Wyckham House, Z210 peersupport@samru.ca
Residence Advocate	403-437-9117 (24hr)
LGBT* Pride Centre	Wyckham House, Z211 pride@samru.ca
Health Services	U Wing, Room 220 403-440-6326

SUPPORTS ON RESIDENCE 6 p.m. to 8 a.m.

West RA On Duty (A & B Building)	40-542-8215
West RA On Duty (C & D Building, West Townhouses)	403-542-4738
East RA On Duty	403-542-725

SUPPORTS IN THE COMMUNITY

Health Link (nurses)	dial 811
Sheldon M. Chumir Health Centre	403-955-6200 1213-4 St SW
Calgary Counselling Centre	403-692-5992 105-12 Ave SE, #1000
Distress Centre Calgary	403-266-HELP (24hr) 1010-8 Ave SW, #30
CCASA (Calgary Communities Against Sexual Abuse)	910-7 Ave SW, #700 403-237-5888 (24hr)
Family Violence Helpline	403-234-7233 (24hr)



MOUNT ROYAL
UNIVERSITY
1910

THE LAW & VIOLENCE AWARENESS

A snapshot of some of the laws in Canada and Alberta and violence awareness tips for incoming international students





ALCOHOL

Alcohol is widely accessible & socially acceptable. In Alberta, you must be at least **18 years old** to purchase and consume alcohol in a restaurant, at a sports game, concert, etc.

Outside of those parameters, sentences range from a fine up to \$10,000, probation, imprisonment up to 6 months, and/or removal from Canada (ss. 116 & 117 GLA).



DRUGS

Cocaine, fentanyl, oxy, heroin, etc., are available illegally. People also abuse prescription drugs.

You risk conviction and/or removal from Canada if you possess, consume, and/or distribute these substances.

Sentences range from a fine up to \$5000, probation, and/or imprisonment from 6 months to 18 years (ss. 4 & 5 CDSA).

DID YOU KNOW?



SAMRU provides a free healthy breakfast every weekday starting at 8:45 a.m. on the 2nd floor of Wyckham House.



SEXUAL ASSAULT

Any sexual act that happens without consent is sexual assault. Consent is necessary regardless of gender, identity, age, race or relationship status.

- » You must be 16 years old to consent.
- » You have the right to change your mind & stop your consent anytime.
- » Someone who is impaired or passed out cannot consent.
- » A person in authority (teacher, doctor, coach etc.) cannot seek consent from you.
- » A person cannot coerce (e.g. block your scholarship) or threaten you in order to get your consent.

You risk conviction and/or removal from Canada. Sentences range from probation and/or imprisonment from 90 days to life (ss. 271-273).



DATING VIOLENCE

It is illegal to physically or sexually assault any person, even if you are married, dating, family, and/or living together. Violence can also be verbal, financial, and/or emotional.

You risk conviction and/or removal from Canada. Sentences range from probation and/or imprisonment from 6 months to life (ss. 266-268).



CANNABIS

Personal consumption is now legal in Canada. Anyone over the age of 18 is permitted to possess a max of 30g of dried cannabis and/or have no more than 4 pot plants growing in your home. Cannabis edibles are not legal or regulated across Canada (yet). If you choose to buy pot legally, there are a few dispensaries shops in Calgary.

Smoking pot (or vaping) in public is not permitted as per City of Calgary bylaws, and you cannot smoke near children or schools. **Smoking pot on campus is not permitted.**

Driving impaired is illegal regardless of what impairs you (drugs or alcohol). Should you be found in the driver's seat of a vehicle, even if the car is parked, you could be charged. You risk conviction and/or removal from Canada and sentences range from a fine, probation, and/or imprisonment from 18 months to life (s. 320.14).

DID YOU KNOW?



You can pop into U216 for free condoms and pregnancy and STI testing.